

2008-2009

TRACK & FIELD SCHEDULE

Start Date	Monday, February 9, 2009
Pre-Season Meeting	Tuesday, February 17, 2009 @ Punahou School Thurston Classroom @ 6:30 PM
All Relay Seeding Meeting:	Wednesday, April 1, 2009 @ Punahou School Thurston Classroom @ 6:30 PM
Post-Season Meeting:	Tuesday, May 19, 2009 @ Punahou School Thurston Classroom @ 6:30 PM
HHSAA Championships:	May 15 & 16, 2009

PARTICIPATING TEAMS

Boys Varsity – Damien, Hoala, Iolani, Kamehameha, Mid-Pac, Pac-5, Punahou, St. Francis, St. Louis, Word of Life

Boys JV – Damien, Iolani, IPA, Kamehameha, Mid-Pac, Pac-5, Punahou, St. Francis, St. Louis, Word of Life

Boys Inter. – C. Acad., Damien, Hanalani, Hoala, Iolani, IPA, Kamehameha, Mid-Pac, Pac-5, Punahou, St. Francis, St. Louis, Word of Life

Girls Varsity – Iolani, Kamehameha, Mid-Pac, Pac-5, Punahou, Sacred Hearts, St. Francis, Word of Life

Girls JV – Iolani, IPA, Kamehameha, Mid-Pac, Pac-5, Punahou, Sacred Hearts, St. Francis, Word of Life

Girls Inter. – C. Acad., Hoala, Iolani, IPA, Kamehameha, Mid-Pac, Pac-5, Punahou, Sacred Hearts, St. Francis, Word of Life

Date	Day	Event	Site	Start Times		# of entries		
				Field Events	Running Events	Field	Lane	Non-Lane
21-Feb	Sat	Intermediate	Iolani	1:00 PM	2:00 PM	6	6	10
27-Feb	Fri	Intermediate	Punahou	3:30 PM	3:45 PM	6	6	10
28-Feb	Sat	JV/Varsity – Split by School	Iolani	2:00 PM	2:30 PM	6 each	6 each	10 each
		JV/Varsity – Split by School	Punahou	2:00 PM	2:30 PM	6 each	6 each	10 each
05-Mar	Thu	Intermediate	Iolani	3:30 PM	3:45 PM	6	6	10
07-Mar	Sat	JV/Varsity – Split by School	Kamehameha	2:00 PM	2:30 PM	6 each	6 each	10 each
		JV/Varsity – Split by School	Punahou	2:00 PM	2:30 PM	6 each	6 each	10 each
13-Mar	Fri	Intermediate	Kamehameha	3:30 PM	3:45 PM	6	6	10
14-Mar	Sat	Ralph Martinson Invit. (Girls)	Punahou	2:00 PM	2:30 PM	See Meet Notice for entry information		
		Henry Lee Invit. (Boys)	Kamehameha	2:00 PM	2:30 PM	See Meet Notice for entry information		
20-Mar	Fri	Intermediate	Punahou	3:30 PM	3:45 PM	6 each	6 each	10 each
21-Mar	Sat	JV/Varsity	Punahou	8:30 AM	9:30 AM	6 each	6 each	10 each
27-Mar	Fri	Intermediate	Punahou	3:30 PM	3:45 PM	4 each	4 each	4 each
28-Mar	Sat	JV/Varsity	Punahou	3:30 PM	3:45 PM	4 each	4 each	4 each
01-Apr	Wed	All Relay Seeding Meeting	Punahou Athletic Classroom: 6:30 PM					
02-Apr	Thu	Inter. Champs (Trials)	Punahou	3:30 PM	3:45 PM	4	4	4
03-Apr	Fri	JV/Varsity	Punahou	3:30 PM	3:45 PM	6 each	6 each	6 each
04-Apr	Sat	Inter. Champs (Finals)	Punahou	8:30 AM	9:30 AM	As Advance		
09-Apr	Thu	Inter. Relay Champs	Punahou	3:30 PM	3:45 PM	4	1+	1+
11-Apr	Sat	JV/Vars. Relay Champs	Punahou	8:30 AM	9:30 AM	4	1+	1+
16-Apr	Thu	JV Champs (Trials)	Kamehameha	3:30 PM	3:45 PM	4	4	4
17-Apr	Fri	Honolulu Marathon Invit.	TBA (ILH)	3:30 PM	3:45 PM	TBA	TBA	TBA
18-Apr	Sat	JV Champs (Finals)	Kamehameha	8:30 AM	9:30 AM	As Advance		
23-Apr	Thu	Punahou Relays (Trials)	Punahou	3:30 PM	3:45 PM	3 or as Seeded		
25-Apr	Sat	Punahou Relays (Finals)	Punahou	9:30 AM	10:00 AM	As Advance		
01-May	Fri	Varsity Meet	Kamehameha	3:30 PM	3:45 PM	6	6	6
06-May	Wed	Vars. Champs (Trials)	Kamehameha	3:30 PM	3:45 PM	4	4	4
08-May	Fri	Vars. Champs (Finals)	Kamehameha	4:00 PM	5:00 PM	As Advance		
15-May	Fri	HHSAA Champs (Trials)	BIIF	TBA	TBA	3	3	3
16-May	Sat	HHSAA Champs (Finals)	BIIF	TBA	TBA	As Advance		